

Chicken and Rice

Servings:

Prep Time:

Cook Time:

Ingredients

- 1lb chicken breast
- 1 cup of white rice
- ¼ cup pine nuts
- ¼ cup chopped white onions
- 1 serving of vermicelli pasta and break in half (small sticks)
- 1tsp poultry seasoning
- ½ tsp salt
- ½ tsp black pepper
- 2 cups of chicken broth

20 minutes

- Cook chicken about 15 minutes and then shred
- Place chicken, rice, nuts, onions, vermicelli, poultry seasoning, salt, and pepper into a medium size pot
- Add chicken broth
- Stir and cover
- Bring to a boil and then reduce heat to low. Cook for 20minutes or until the rice is thoroughly cooked (soft and fluffy). Stir occasionally to keep the rice from sticking to the bottom.

20 minutes
